

Panhandle Health District
8500 Atlas Road Hayden, ID 83835
(208-415-5100)
Kootenai County Resource List (spring '08)

Family & Community Health Programs:

- Family planning services (sliding fee scale)
415-5270 appointment line
- STD Appointments: 415-5270
- Immunizations 415-5270
- Women's Health Check (mammograms and Pap test
for low income women 50 years and older) 415-5270
- Child Find developmental screening 415-5270
- Public Health Nurse Home Visits 415-5284
- Helping Hands Medical access (Resource Nurse) 415-
5270
- Child Care Resource Center 415-5145
Referral serv. /day care provider training
- WIC Program 415-5130
Women, Infants, and Children
Nutrition & Breastfeeding support

Health Services

Dental Services:

- Caring Foundation For Children
free dental w/no ins. 208-395-7741
- Dirne Dental 292-0697 M-Thur
8-12, 1-5pm Medicaid patients only
Fri. only for Emerg. extractions
- EWU Dental Hygiene School
Discount rates 509-368-6510

Medical Services/general

- Benewah Medical Center 800-325-7371
- CHAS 509-444-8200 Med. & Dental
(Community Health Assoc. of Spokane)
- Dirne Comm. Health Center 292-0292
- Idaho Careline call 211 or
800-926-2588 www.idahocareline.org
- Infant Toddler Program 769-1409
Developmental disabilities service
Call for screening & financial aid info
- Kootenai Med. Center 666-2000
- NIAC North Idaho Aids Coalition (testing) 665-1448
- Shriners Hospital 888-895-5951
- Spokane County Health Dept
509-324-1500

Pediatricians

- Coeur d'Alene Pediatrics 667-0585
700 Ironwood Dr. #102
- Lakeside Pediatrics 292-5437
980 W. Ironwood Dr. #302
- Post Falls Pediatrics 777-1330
1300 E. Mullan Ave, #1000

Women & Pregnancy Health Services

- Anthony & Randall Henneberg, MD 765-4888
- Birthright of North Idaho 664-1390
923 Sherman Ave. CDA ID 83814
Pregnancy testing and baby clothes
- CASI Foundation
2308 N. Cole Road #E, Boise, ID 83704
208-376-0558 Adoption services
- David Compton, MD 664-6530
- Health Care For Women /Jon Cutting, MD/Brett
Penney, MD 765-1455
- Idaho Youth Ranch 667-1898
1034 N. 3rd. St. CDA #2
Adoption, maternity support, foster care licensing
- Kootenai Medical Center Hospital
Childbirth & sibling classes 666-2030
- Mother's Haven 676-1300
1034 N. 3rd St. #2 CDA. ID.
Retail store with classes for new mothers and breast
feeding info
- Open Arms Pregnancy Care Center 667-5433 296 W
Sunset # 20, CDA., ID Free PG tests, post abortion
counseling
- Planned Parenthood of Spokane
123 E Indiana, Spokane 509-326-2142
10525 E Trent, Spokane 509-922-2528
- Women's Clinic 664-3101 Ambrose, Sanderson,
Woods OB/GYN

Medication Assist Program

- RX Idaho...call 211 for information
- www.CanadaDiscountRX.com
- www.needymeds.com
- www.rxassist.com Pfizer Rx Assist
- 1-866-706-2400
- www.chantix.com Smoking cessation product info
- www.idahoquitnet.com 1-888-280-2265

Self-Reliance Programs

- CPR Classes Adult/infant Mary Ann 667-0585
- NIC Ed. Opportunity Center 666-8017
- SL Start 667-4045 job aid/gas vouchers
- TESH 765-5105 services for the
developmentally disabled

Family Support Programs



- ICARE Children and Family Advocacy Center 676-1515
- North Idaho College Head Start 666-6762
- Mountain States Early Head Start 765-6955
- Parents Encouraging Parents 983-1520
- PROP 769-1409 Parents of kids with disabilities (Lorena or Kathy)

Social Service Agencies

- Child Support services 769-1413
- ID. Dept of Health & Welfare 769-1456
1120 Ironwood Dr. CDA, ID 83814
Medical, Medicaid, Food stamps
- ID Housing & Finance Assoc.
667-3380 rental assistance and
low income housing
- Kootenai County Assistance 446-1883
Emergency medical/dental/generic meds, housing &
utility
- Social Security 623 Wallace 765-1322
- Veterans Services 777-6097

Legal Service Providers

- Kootenai County Prosecutors 446-1800
Victim Assistance Services
- Legal Aid 667-9559
www.idaholegalaid.org (New self-help forms)

Mental Health Services:

- H&W Adult Mental Health 769-1406
2195 Ironwood Court, CDA.

Drug Treatment Services

- Alcoholics Anon. & Al-Anon 667-4633
- Narcotics Anonymous 699-2175
- NIBH North Idaho Behavioral Health 666-3890
- Port of Hope 664-3300
- Powder Basin Associates 762-3979
- Safe Place/Teen AA group 676-0772

Transportation

- Citylink www.idahocitylink
877-941-7433 (CDA Casino answers)
- Sunset Taxi 664-8000
- Taxi by Hall 664-2424
- KMC Van 666-2100 (some transport is free)

Community Services

Crisis Agencies:

- Amend Center 665-2432
Counseling & support for men only

- Child Protective Services (CPS) 769-1515 Report abuse or neglect of children under 18
- Kootenai County Crisis 664-1443
crisis counseling & referral services
- Oasis 773-1080 Victim services for domestic violence, sexual assault, and child abuse shelter & support groups
1717 E. Polston Post Falls
- Sexual Assault Crisis Line 24 hr 661-2522 850 N 4th, CDA (shelter, domestic violence/rape crisis support)
- Women's Center. 24 hr. crisis line
664-9303

Food Banks:

- Athol Food Bank 30355 3rd 683-2101
M-W 9-12, 1-3
- Bonner Comm. Food Bank 921 N. 5th Ave. (Sandpoint)
263-3663 M-F 9-3pm
- CDA Food Bank 664-8757
4942 Industrial Ave. M-F 9-3
- Lake City Comm. Church Food Bank
676-0632) 1650 Lee Ct. Mon. 10-5
- Post Falls Food Bank 773-0139 415 E 3rd M-F 9-2
- Rathdrum Food Bank 687-3696
8027 W Main M-T 10:00-4:00
- Real Life Ministry Food Bank 777-7325
1866 N Cecil Post Falls Tues-Fri 10-1
- Spirit Lake Food Bank 2154 4th St.
623-3107 Wednesdays 12:30-3pm
- St. Pius Food Bank 765-5108 T-F 9-12

Meals and Shelters

- 1st Presbyterian Church 667-8757
Mon 5-6:30 dinner/Thurs 12pm lunch
- Friends Church 772-7544 Shelter
for those on probation/parole/opt rehab
- Harding Family Center 666-6755
411 N. 15th St. CDA Meal Sun-5-7
- 7th Day Adventist Church 664-5473
111 Locust Ave. CDA (clothing only)
- St. George's 773-4715 2010 N. Lucas St. Post Falls
Thursday meal 4-5:30
- St Pius 765-5108 4:30 meal on Fridays
Also shelter for women and children
- St. Vincent De Paul 765-2064
108 E. Walnut, CDA shelter, transitional housing, clothing,
furniture, some prescription help

Other Resources

- KMC Health Library 666-3498

Financial Aid For Eyes

- Lions Club International 630-571-5466
www.LionsClub.org